



CODE OF CONDUCT T.S.K.V. SPARTACUS Version 1.5
(26 september 2019)

***IMPORTANT:** *This is a translation of the Dutch Code of Conduct. If any questions about interpretation arise, the Dutch version will be leading.*

Chapter 1 Goal of the Association

Art. 1 T.S.K.V. Spartacus has as goal:

- a. Stimulating fitness and strength training in the broadest sense.

Art. 2 T.S.K.V. Spartacus strives to reach this goal by:

- a. Organising sports activities in the broadest sense.
- b. Organising clinics.
- c. Providing an information hub.
- d. Maintaining contact with other organisations and institutions.
- e. Organising activities not related to strength sports in order to develop social bonding

Paragraph 1 Target audience

Art. 3 The target audience of T.S.K.V. Spartacus consists of all students that have a gym membership.

The definition of students, enrolled at Tilburg University, consists of everyone who on account of the Rector Magnificus of this university has been given a university card.

The definition of students, enrolled at Fontys Tilburg and Avans Tilburg, consists of everyone that on account of the board of the concerning HBO-institution has been given a proof of enrollment.

Chapter 2 Board

Paragraph 1 Structure of the board

Art. 1 The board of T.S.K.V. Spartacus consists of at least 3 and not more than 5 members,

among whom a chairman, a secretary and a treasurer. Paragraph 2 describes the duties of the board, assuming that the board consists of 3 members: chairman, secretary and treasurer. In the case of more than 3 board members, the preoccupations of the board will be further divided.



Paragraph 2 Activities of the board

Art. 2 All board members have the following general obligations:

- a. Attending and preparing the board meetings.
- b. Tending to current affairs.
- c. Defining the policy of the association and its application.
- d. Helping organise the activities of T.S.K.V. Spartacus.
- e. The general representation of T.S.K.V. Spartacus.
- f. Seeing to the daily activities.

- g. Supporting the rest of the board .
- h. Providing feedback and suggesting innovations in regards to the policy of the Tilburg University Sports Center

Art. 3 The obligations of the chairman consist, in addition to the in article 2 described general obligations, of:

- a. The preparation and direction of the board meetings.
- b. Coordinating the board.
- c. Managing the relation in regard to the Sports Center.
- d. Representing T.S.K.V. Spartacus.
- e. Coordinating and organising the change of board.

Art. 4 The obligations of the secretary consist, in addition to the in article 2 described general obligations, of:

- a. Providing the minutes for the board members.
- b. Preparing the policy of the association in accordance with the chairman.
- c. Managing the member administration.
- d. Managing the archive.
- e. Keeping stock of the paying members list.
- f. Sending and replying to emails.
- g. Seeing to the distribution of membercards to new members.
- h. Updating the social media and our website.

Art. 5 The obligations of the treasurer consist, in addition to the in article 2 described general obligations, of:

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- a. Overseeing the financial administration of T.S.K.V. Spartacus
- b. Managing the books.
- c. Creating the budget, the financial realisation and the annual accounts of T.S.K.V. Spartacus
- d. Sending, reviewing and paying invoices.
- e. Monitoring the liquid assets.
- f. Keeping contact with the bank.
- g. Managing all aspects of the Spartacus clothing.

Art. 6 If a new board cannot be put together, the current board is obligated to provide a replacement as soon as possible. During two months after a declaration of the intention to switch boards, the sitting board is obligated to continue their responsibilities. If after this time there is still no replacement, the sitting board member is allowed to resign after holding a General Members Meeting, in which the further continuation of the association will be discussed.



Chapter 3 Commissions

Paragraph 1 General statements

- Art. 1 Commissions:
- a. The board can appoint commissions that are preoccupied with the fulfilment and organisation of events.
 - b. The board has the authority to appoint or discontinue a commission.

- Art. 2 Contact with the commissions:
- a. A commission member, appointed by the board, reports to the board about the progress of the commission.

Paragraph 2 Concerning the finances

- Art. 3 Budget of the committees:
- a. Before the organisation of an event the treasurer has to review the budget.
- Art. 4 The entire cashflow of the commissions has to be incorporated in the books of T.S.K.V. Spartacus.
- Art. 5 Any case not described in this chapter will be decided by the board.

Chapter 4 Activities

- Art. 1 Clinics, drinks and similar activities organised by T.S.K.V. Spartacus. These activities can be held at different locations. The Sports Center is an example of this, but other locations are also possible.

Paragraph 1 Members

- Art. 2 The association has members.
- a. Everyone that is registered and/or has paid contribution qualifies as a member.
 - b. Non-members can partake in activities if the board of T.S.K.V. Spartacus gives permission and they comply with the entry requirements of the location.
 - c. In all cases that do not fall within the scope of the aforementioned provisions of this article, the board of T.S.K.V. Spartacus will make a decision.
- Art. 3 The right to participation and acquisition of prizes dissipates when membership contribution, or contribution for the specific event, has not been paid on time.



- Art. 4 Members can be:
- Students in the possession of a sports membership that gives access to the Sports Center, or alumni and honorary members that qualify as members via article 2 sub a of this chapter..
- Art. 5 Exemption of the provisions of chapter 4, article 3 can be given/ put on by the board of T.S.K.V. Spartacus for certain activities if the requirement of chapter 4, article 2 has been met.
- Art. 6 Participants of events organised by T.S.K.V. Spartacus submit themselves to the rules, decisions of the board and official statements of the association.

Paragraph 2 General statements

- Art. 7 The activity has to comply with the goals and obligations of T.S.K.V. Spartacus.

Paragraph 3 Provisions regarding the activities of T.S.K.V. Spartacus

- Art. 8 Provisions:
- a. The organisation can be delegated to a commission.
 - b. Chapter 3 applies to that certain commission in the case of sub a of this article.
 - c. In case the organisation of an event is not delegated to a commission as described in sub a, chapter 3 of this Code applies. This excludes provisions regarding the internal structure of the activities committee.
 - d. In situations described in sub c of this article, the party charged with the organisation of the event will report to the board whenever the board sees fit.
 - e. The organisation of the event reports to the board, whenever relevant circumstances arise.
- Art. 9 The budget of the activity has to be approved by the treasurer of T.S.K.V. Spartacus.
- Art. 10 Provisions regarding participation:
- a. Participation is limited to students or members of T.S.K.V. Spartacus, with the exemption of cases stated in article 2 of chapter 4 of this Code.



Chapter 5 Supplementation and prohibited substances

- Art. 1 T.S.K.V. Spartacus distances itself from prohibited substances in every form in regards to the practice of the sport. All substances that are prohibited by Dutch law to own, sell and/ or use qualify as prohibited substances.
- Art. 2 T.S.K.V. Spartacus informs about food supplements which do not fall under the scope of article 1 of this chapter, in accordance with the information provision about nutrition and training as stated in the core activities of T.S.K.V. Spartacus in chapter 1. Statements and recommendations can only be issued by those that are accredited to perform these activities.
- Art. 3 Recommendations regarding nutrition and supplementation issued by accredited persons are specifically focussed to aid general health and athletic performance. Diets, supplements and/ or dosing of certain supplements that are generally considered to be harmful will be discouraged.
- Art. 4 If the trade of prohibited substances to other members has been discovered, T.S.K.V. Spartacus will decide to suspend the member in question immediately. At the next General Members Meeting the member has to defend him-/ herself, after which a decision regarding the discontinuation of his or her membership will be made.
- Art. 5 If a member of T.S.K.V. Spartacus has tested positive for a prohibited substance at an official competition of the KNKF, T.S.K.V. Spartacus will decide to suspend the member in question immediately. At the next General Members Meeting the member has to defend him-/ herself, after which a decision regarding the discontinuation of his or her membership will be made.

Chapter 6 Conditions regarding serving and consumption of alcohol

- Art. 1 Since January 1st of 2014 it is prohibited in The Netherlands for people below the age of 18 to drink alcohol and to serve alcohol to them. This also applies to members of T.S.K.V. Spartacus. If a member has been found to break the law concerning this subject, the following sanctions will be applied:

If a member gets caught consuming or distributing alcohol illegitimately, they will be banned from the activity. The board will keep a record of the event.

If a member gets caught consuming or distributing alcohol illegitimately for the second time, a suspension until the next General Members Meeting will follow. The member has to defend himself at this meeting, after which a decision regarding the discontinuation of his membership will be made.



Chapter 7 Terms & Conditions and Statutes

- Art. 1 Every member of T.S.K.V. Spartacus, as well as participants attending events organised by T.S.K.V. Spartacus, are subject to the most recent Terms & Conditions.
- Art. 2 Every member of T.S.K.V. Spartacus, as well as participants attending events organised by T.S.K.V. Spartacus, are required to accept the Terms & Conditions before attending any event. The Terms & Conditions are electronically available via <https://tskvspartacus.nl/about/algemene-voorwaarden/>. The Terms & Conditions can also be sent at request.
- Art. 3 Every general member, board member, commission member, or participant is subject to the provisions stated in the association's statutes. The statutes are available for inspection via request to the board of T.S.K.V. Spartacus, or available through the Chamber of Commerce under Chamber of Commerce number 55090176.

Chapter 8 Undesirable behavior

- Art. 1 If a member has been found to show severe aggressive behavior, to which T.S.K.V. Spartacus can be associated, or if his or her actions endanger other members, T.S.K.V. Spartacus will suspend the concerning member until the next General Members Meeting. A decision regarding the discontinuation of his or her membership will be made at this meeting. The same procedure applies to members that have been found guilty of sexually intimidating behavior towards other members.

Chapter 9 Advisory Council

Paragraph 1 Goal

- Art. 1 The Advisory Council (hereinafter: the Council) aims to provide advice on the policy of the board and on the general course of affairs in the association, as well as exercise those tasks and powers that are assigned to the Council in this Code of Conduct.

Paragraph 2 Organisation

- Art. 2 Composition, appointment, nomination and term of office

- a. The Council consists of at least two and not more than five members.
- b. Candidate councillors will be nominated by the board at the General Members Meeting.
- c. A Council member will be appointed for a term of one academic year by the General Members Meeting.
- d. The Chairman of the Council will be appointed for a term of two academic years by the General Members Meeting.



Paragraph 3 Activities

- Art. 3 The core tasks of the Board consist of:
- a. Providing solicited and unsolicited advice regarding the current policy;
 - b. Providing advice regarding policy plans and multi-annual plans of the board;
 - c. Monitoring the continuity of the association and the long-term policy.
- Art. 4 The Council meets at least once per academic year for a meeting. This meeting is planned by the chairman of the Advisory Board and by the chairman of the general board.
- Art. 5 The Board will draw up regulations regarding its functionality in accordance with the general board. These regulations may not be conflicting with the purpose of this Code of Conduct or the Statutes.

Chapter 10 Financial Committee

- Art. 1 A cash control committee is set up by the board. This cash control committee preferably consists of two former treasurers. If this is not possible, another member will be elected by the General Members Meeting. At least once a quarter she checks the accounts of the treasurer of T.S.K.V. Spartacus. They check, among other things, the cashier and the bank. After the audit, they report to the Board, the Advisory Board and to General Members Meeting.

Chapter 11 Powerlifting

- Art. 1 T.S.K.V. Spartacus is affiliated with the Royal Dutch Power Sports Fitness Association - Powerlifting section (hereinafter: K.N.K.F. - Powerlifting section). Communication between T.S.K.V. Spartacus, its members and the K.N.K.F. - Powerlifting section is done through the powerlifting committee. This is with the exception of international non-student competitions.
- Art. 2 The members of T.S.K.V. Spartacus who joined the K.N.K.F. - Powerlifting section must behave according to the regulations of this association.
- a. This competition membership runs per calendar year.
 - b. The cost of registration to the K.N.K.F. - Powerlifting section fall entirely on the concerning member. The member is billed for this by the K.N.K.F.

Art. 3 Members of T.S.K.V. Spartacus, who are also members of the K.N.K.F. - Powerlifting Section are entitled to:

- a. Refund of the entry fee of the first national official league competition that calendar year, provided that the finances intended for powerlifting are sufficient.
- (a.) The finances intended for powerlifting can be deemed insufficient by a decision by the board, in accordance with the Financial Committee. This decision only has binding power after approval by the General Members Meeting.
- b. Before participating in the first official competition, the competition member will receive a powerlift team shirt, which must be worn at all competitions

Art. 4 The powerlift team may organize activities led by the powerlifting commission according to Chapter 3, Paragraph 2 article 3. The income of this activity will come to the benefit of the competition members for one of the following cost items:

- a. A second competition entry for an official national league competition
- b. World Student Championships (hereinafter: WSC) and European Student Championships (hereinafter ESC) admission fees and travel expenses

The amount to be received is always settled at the end of the calendar year. Competition registration subsidies from the Sports Council and University are supplemented from this income. Only competition members who have volunteered in activities of the powerlifting committee during that year can make claim to these provisions.

Art. 5 The amount to be received by the competition member will be decided by the powerlifting commission and the board. The location of the ESC & WSC in the current and/ or future years and the expected revenues must be considered.

- a. Competition members are only eligible for this grant if they also help during the activities that are organized under the supervision of the powerlifting committee.
- b. The amount derived from the income originating from activities organized by the powerlifting committee may be collected so that any long-distance journey outside Europe can be reimbursed in another year. This is up to a maximum amount of 4000 euros after processing the calendar year. Everything exceeding this limit goes to the general association fund.
- (b.) This 4000 euros is based on the maximum number of participants that can be sent out (16) to a WSC or ESC. This is based on a calculation of 250 euros per participant.

Art. 6 For all non-financial provisions regarding the competition membership, the competition member regulations are applicable. These can be found at <https://tskvspartacus.nl/powerlifting>.